



HÔTEL-DIEU
ESTD GRACE 1888
HEALTHCARE

INDIGENOUS PEER SUPPORT

WALK IN SERVICES

Do you struggle with day-to-day issues that are difficult to talk about with family, friends, or others?

Do you have issues with drug, or alcohol consumption?

Would you like to be involved more in Indigenous healing options, treatments or perhaps would like to be more in tune with your Indigenous community events?

Join Nick Metivier, Indigenous Peer Support Coordinator from Hôtel-Dieu Grace Healthcare who will work with you and help you plan your personal path to wellness.

REACH OUT TODAY:

-  No appointment required
-  Every Wednesday
9:00 a.m. to 4:00 p.m.
-  South Essex Community Council
215 Talbot St E, Leamington, Ontario
-  519.919.9450
nick.metivier@hdgh.org

